

POLARINE TABLET/POLARINE SYRUP

Composition:

Tablet : Each tablet contains:
Dexchlorpheniramine maleate 2 mg
Pseudoephedrine HCl 60 mg

Isopropyl alcohol
Lactose
Magnesium Stearate
PVP
Starch

Syrup : Each 5ml contains:
Dexchlorpheniramine maleate 2 mg
Pseudoephedrine HCl 30 mg

Indications:

It is indicated in nasal and respiratory congestion, common cold, acute sinusitis, allergic rhinitis.

Contraindications:

This formula is contraindicated in patients exhibiting hypersensitivity to any of the components. Antihistamine are contraindicated in patients receiving monoamine oxidase inhibitors since these agents prolong and intensify the anticholinergic effects of anti-histamines. Antihistamines should not be used to treat lower respiratory tract symptoms. Sympathomimetic preparations are contraindicated in patients with severe hypertension, severe coronary artery disease and patients receiving MAO inhibitor therapy due to potentiation of the pressor effects of pseudoephedrine.

Side Effects:

General :- Urticaria, drug rash, anaphylactic shock, photosensitivity, excessive perspiration, chills, dryness of mouth, nose and throat.

Cardiovascular system :- Hypotension, headache, palpitation, tachycardia extrasystoles.

Hematologic system :- Hemolytic anemia, thrombocytopenia, agranulocytosis.

Nervous system :- Sedation, sleepiness, dizziness, disturbed co-ordination, fatigue, confusion, restlessness, excitation, nervousness, tremor, irritability, insomnia, euphoria, paresthesias, blurred vision, diplopia, vertigo, tinnitus, acute labyrinthitis, hysteria, neuritis, convulsions, CNS depression, hallucinations.

Gastrointestinal system :- Epigastric distress, anorexia, nausea, vomiting,

diarrhoea, constipation.

Urinary system :- Urinary frequency, difficult urination, urinary retention.

Respiratory system :- Thickening of bronchial secretions, tightness of chest, wheezing, nasal stuffiness.

Precautions / Warnings:

Sympathomimetics should be used with caution in patients with hypertension, hyperthyroidism, diabetes mellitus and cardiovascular disease. Antihistamines should be used with caution in patients with narrow angle glaucoma, stenosing peptic ulcer, pyloroduodenal obstruction, symptomatic prostatic hypertrophy and bladder neck obstruction.

Antihistamines have additive effects with alcohol and other CNS depressants.

Patients should be warned about engaging in activities requiring mental alertness such as driving a car or operating machinery.

Dosage:

Tablet : Adults: One tablet three times daily.

Syrup : Children 6 to 12 years: Half teaspoonful 6 hourly.

Adults: One teaspoonful 6 hourly.

Pack size: Tablet: A bottle of 1000 tablets.

Blister pack: A box of 5 x 10's, 10 x 10's, 20 x 10's,

50 x 10's and 100 x 10' tablet per strip.

Syrup: A bottle of 60ml, 100ml, 120ml, 3.6 litres and 3.8 litres.

Storage conditions:

Store at or below 30°C. Protect from light.

FURTHER INFORMATION CONCERNING THIS DRUG CAN BE OBTAINED FROM YOUR FAMILY PHYSICIAN / LOCAL GENERAL PRACTITIONER / PHARMACIST.

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Singapore:

Sunward Pharmaceutical Pte Ltd

11, Wan Lee Road

Singapore 627943

Malaysia:

Sunward Pharmaceutical Sdn. Bhd.

No.9, 11 & 17, Jalan Kempas 4, Taman Perindustrian Tampoi Indah,

81200 Tampoi, Johor Bahru, Johor, Malaysia.