## **Multivitamins + Minerals**

## Mosvit" Elite

Description of Product: Mosvit Elite is purple opa e opaque colour, oblong shape, soft gelatin capsule, containing off-white to cream colour,

### What is in the medicine?

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Each soft gelatin capsule contains:
Folic Acid 800 mcg, Idoine (from Potassium Iodide) 200 mcg, Iron (from dried Ferrous Sulfate)105 mg,
Niacinamide 20 mg, DHA (from 40% DHA) 200 mg, Calcium Pantothenate 6mg, Vitamin A Palmitate) 2500 IU, Vitamin B1 6mg, Vitamin B12 25 mcg, Vitamin B2 6 mg,
Vitamin B2 0 mg, Vitamin C 100 mg, Vitamin D3 200 IU, Vitamin E 30 IU, Vitamin K 51 mcg, Zinc 15 mg
Other ingredients:

Vitamin B6 20 mg, Vitamin C 100 mg, Vitamin D3 200 IU, Vitamin E 30 IU, Vitamin K 51 mcg, Zinc 15 mg Other ingredients:

Bees Wax, Lecithin, Hydrogenated Veg. Oil, Butylated Hydroxy Anisole, Butylated Hydroxy Toluene, Microcrystalline Callouse, Colloidal Silicon Dioxide, Calcium Carbonate, Gelatin, Glycerin, Sorbitol 70% Non Crystallising, Sodium Methyl Paraben, Sodium Propyl Paraben, FD & C Red No.33, FD & C Blue No.1, Titanium Dioxide, Purified Water

Strength of medicine?	
Folic Acid, BP	800 mcg
Iodine (from Potassium Iodide), BP	200 mca
Iron (from dried Ferrous Sulfate), BP	
Niacinamide, BP	
DHA (from 40% DHA)	
Calcium Pantothenate, BP	
Vitamin A (from Vitamin A Palmitate), BP	
Vitamin B1, BP	
Vitamin B12, BP	
Vitamin B2 BP	
Vitamin B6, BP.	
Vitamin C, BP	
Vitamin D3, BP	
Vitamin E ,BP	
Vitamin K ,BP	
Zinc .BP	

What is this medicine used for? Mosvit Elite is used as a vitamin and mineral supplement.

# How much and how often should you use this medicine? 1 capsule daily or as prescribed by the physician.

When should you not take this medicine? You should not take this medicine if you have hypersensitivity to any of the ingredient in the capsules.

Undesirable effects?
Mosvit Elite may cause hypersensitivity reaction such as rash, and stomach and intestine related problems such as nausea, vomiting, and abdominal pain.

- What other medicine or food should be avoided whilst taking this medicine?
  Tell your doctor if you are taking or have recently taken/used any of the following medicines as they may interfere:
  Phenytoin (used to treat epilepsy)
  Tetracycline antibiotics (used to treat infections) such as doxycycline and minocycline. Please tell your doctor if you are taking or have recently taken/used any other medicines including other vitamin, mineral products or medicines obtained without a prescription.

What should you do if you miss a dose? If you forget to take a dose, take it as soon as possible, unless it is almost time to take the next dose (within 1-2 hours). Do not take a double dose. Then go on as before.

How should you keep this medicine? Keep out of reach of children. Do not store above 30°C. Keep the blister in the carton in order to protect from light.

Signs and Symptoms of overdosage?
Symptoms of overdosage may include nausea, vomiting, diarrhoea, abdominal pain, haematemesis bleeding, lethargy and circulatory collapse. Hyperglycaemia and metabolic acidosis may also occur.

What to do when you have taken more than the recommended dosage? If you (or someone else) accidentally take too many capsules, you should tell your doctor at once or contact the nearest accident and emergency department. Show any leftover medicines or the empty packet to the doctor.

Care that should be taken when taking this medicine?
Before you are given Mosvit Elite Capsules tell your doctor, dietician or pharmacist if:
• You are allergic to any of the ingredient
• You are taking other medicines or vitamin supplements

- When should you consult your doctor?
  Consult your doctor if:
   You observe any side effects
   You have taken more than recommended dose

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph Patient should seek medical attention immediately at the first sign of any adverse drug reaction.

Date of First Authorization: September 15, 2014 Date of Revision of Patient Information Leaflet: April 2022

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Manufactured in India by: Olive Healthcare 197/2, Athiyawad, Dabhel Village, DAMAN 396 210 (U.T.), India

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