Bicalutamide

Casodex[®] 50 mg Tablet

Anti-Androgen



1. NAME OF THE MEDICINAL PRODUCT

Bicalutamide (CASODEX) 50 mg Film-coated Tablets

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 50 mg bicalutamide (INN).

Excipient(s) with known effect:

Each tablet contains 61 mg lactose monohydrate.

For excipients, see section 6.1 List of excipients.

3. PHARMACEUTICAL FORM

White film-coated tablet.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Treatment of advanced prostate cancer in combination with luteinizing-hormone releasing hormone (LHRH) analogue therapy or surgical castration.

4.2 Dosage and method of administration

Adult males including the elderly: one tablet (50 mg) once a day.

Treatment with Bicalutamide (CASODEX) should be started at least 3 days before commencing treatment with an LHRH analogue, or at the same time as surgical castration.

Renal impairment: no dosage adjustment is necessary for patients with renal impairment.

Hepatic impairment: no dosage adjustment is necessary for patients with mild hepatic impairment. Increased accumulation may occur in patients with moderate to severe hepatic impairment (see section 4.4 Special warnings and precautions for use).

Paediatric population: Bicalutamide (CASODEX) is contraindicated for use in children (see section 4.3 Contraindications).

4.3 Contraindications

Bicalutamide (CASODEX) is contraindicated in females and children (see section 4.6 Pregnancy and lactation).

Hypersensitivity reaction to the active substance or to any of the excipients listed in section 6.1 List of excipients.

Co-administration of terfenadine, astemizole or cisapride with Bicalutamide (CASODEX) is contraindicated (see section 4.5 Interaction with other medicinal products and other forms of interaction).

4.4 Special warnings and precautions for use

Initiation of treatment should be under the direct supervision of a specialist.

Bicalutamide (CASODEX) is extensively metabolised in the liver. Data suggest that its elimination may be slower in subjects with severe hepatic impairment and this could lead to increased accumulation of Bicalutamide (CASODEX). Therefore, Bicalutamide (CASODEX) should be used with caution in patients with moderate to severe hepatic impairment.

Periodic liver function testing should be considered due to the possibility of hepatic changes. The majority of changes are expected to occur within the first 6 months of Bicalutamide (CASODEX) therapy.

Severe hepatic changes and hepatic failure have been observed rarely with Bicalutamide (CASODEX), and fatal outcomes have been reported (see section 4.8 Undesirable effects). Bicalutamide (CASODEX) therapy should be discontinued if changes are severe.

A reduction in glucose tolerance has been observed in males receiving LHRH agonists. This may manifest as diabetes or loss of glycemic control in those with pre-existing diabetes. Consideration should therefore be given to monitoring blood glucose in patients receiving Bicalutamide (CASODEX) in combination with LHRH agonists.

Bicalutamide (CASODEX) has been shown to inhibit cytochrome P450 (CYP 3A4), as such caution should be exercised when co-administered with drugs metabolised predominantly by CYP 3A4 (see sections 4.3 Contraindications and 4.5 Interaction with other medicinal products and other forms of interaction).

Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

Androgen deprivation therapy may prolong the QT interval. In patients with a history of or risk factors for QT prolongation and in patients receiving concomitant medicinal products that might prolong the QT interval (see section 4.5 Interaction with other medicinal products and other forms of interaction) physicians should assess the benefit risk ratio including the potential for Torsade de pointes prior to initiating Bicalutamide (CASODEX).

Antiandrogen therapy may cause morphological changes in spermatozoa. Although the effect of bicalutamide on sperm morphology has not been evaluated and no such changes have been reported for patients who received Bicalutamide (CASODEX), patients and/or their partners should follow adequate contraception during and for 130 days after Bicalutamide (CASODEX) therapy.

Potentiation of coumarin anticoagulant effects have been reported in patients receiving concomitant Bicalutamide (CASODEX) therapy, which may result in increased Prothrombin Time (PT) and International Normalised Ratio (INR). Some cases have been associated with risk of bleeding. Close monitoring of PT/INR is advised and anticoagulant dose adjustment should be considered (see sections 4.5 Interaction with other medicinal products and other forms of interaction and 4.8 Undesirable effects).

4.5 Interaction with other medicinal products and other forms of interaction

There is no evidence of any pharmacodynamic or pharmacokinetic interactions between Bicalutamide (CASODEX) and LHRH analogues.

In vitro studies have shown that R-bicalutamide is an inhibitor of CYP 3A4, with lesser inhibitory effects on CYP 2C9, 2C19 and 2D6 activity.

Although clinical studies using antipyrine as a marker of cytochrome P450 (CYP) activity showed no evidence of a drug interaction potential with Bicalutamide (CASODEX), mean midazolam exposure (AUC) was increased by up to 80%, after co-administration of Bicalutamide (CASODEX) for 28 days. For drugs with a narrow therapeutic index such an increase could be of relevance. As such, concomitant use of terfenadine, astemizole and cisapride is contraindicated (see section 4.3 Contraindications) and caution should be exercised with the co-administration of Bicalutamide (CASODEX) with compounds such as cyclosporin and calcium channel blockers. Dosage reduction may be required for these drugs particularly if there is evidence of enhanced or adverse drug effect. For cyclosporin, it is recommended that plasma concentrations and clinical condition are closely monitored following initiation or cessation of Bicalutamide (CASODEX) therapy.

Caution should be exercised when prescribing Bicalutamide (CASODEX) with other drugs which may inhibit drug oxidation e.g. cimetidine and ketoconazole. In theory, this could result in increased plasma concentrations of Bicalutamide (CASODEX) which theoretically could lead to an increase in side effects.

In vitro studies have shown that bicalutamide can displace the coumarin anticoagulant, warfarin, from its protein binding sites. There have been reports of increased effect of warfarin and other coumarin anticoagulants when coadministered with Bicalutamide (CASODEX). It is therefore recommended that if Bicalutamide (CASODEX) is administered in patients who are concomitantly receiving coumarin anticoagulants, PT/INR should be closely monitored and

adjustments of anticoagulant dose considered (see sections 4.4 Special warnings and precautions for use and 4.8 Undesirable effects).

Since androgen deprivation treatment may prolong the QT interval, the concomitant use of Bicalutamide (CASODEX) with medicinal products known to prolong the QT interval or medicinal products able to induce Torsade de pointes such as class IA (e.g. quinidine, disopyramide) or class III (e.g. amiodarone, sotalol, dofetilide, ibutilide) antiarrythmic medicinal products, methadone, moxifloxacin, antipsychotics, etc. should be carefully evaluated. (see section 4.4 Special warnings and special precautions for use).

Paediatric population

Interaction studies have only been performed in adults.

4.6 Fertility, pregnancy and lactation

Bicalutamide (CASODEX) is contraindicated in females and must not be given to pregnant women.

Bicalutamide (CASODEX) is contraindicated during breast-feeding.

Reversible impairment of male fertility has been observed in animal studies (see section 5.3 Preclinical safety data). A period of subfertility or infertility should be assumed in man.

4.7 Effects on ability to drive and use machines

Bicalutamide (CASODEX) is unlikely to impair the ability of patients to drive or operate machinery. However, it should be noted that occasionally somnolence may occur. Any affected patients should exercise caution.

4.8 Undesirable effects

In this section, undesirable effects are defined as follows: Very common ($\geq 1/10$); common ($\geq 1/100$ to <1/10); uncommon ($\geq 1/1,000$ to <1/100); rare ($\geq 1/10,000$); rare ($\leq 1/10,000$); not known (cannot be estimated from the available data).

Table 1 Frequency of Adverse Reactions

| System Organ Class | Frequency | Event |
|--------------------------------------|-------------|--|
| Blood and lymphatic system disorders | Very common | Anaemia |
| Immune system disorders | Uncommon | Hypersensitivity, angioedema and urticaria |
| Metabolism and nutrition disorders | Common | Decreased appetite |

| Psychiatric disorders | Common | Decreased libido Depression |
|---|-------------|---|
| Nervous system disorders | Very common | Dizziness |
| | Common | Somnolence |
| Cardiac disorders | Common | Myocardial infarction (fatal outcomes have been reported) ⁴ , cardiac failure ⁴ |
| | Not known | QT prolongation (see sections 4.4 Special warnings and special precautions for use and 4.5 Interaction with other medicinal products and other forms of interaction). |
| Vascular disorders | Very common | Hot flush |
| Respiratory, thoracic and mediastinal disorders | Uncommon | Interstitial lung disease ⁵ (Fatal outcomes have been reported). |
| Gastrointestinal disorders | Very common | Abdominal pain Constipation Nausea |
| | Common | Dyspepsia Flatulence |
| Hepato-biliary disorders | Common | Hepatotoxicity, jaundice, raised transaminases ¹ |
| | Rare | Hepatic failure ² . Fatal outcomes have been reported. |
| Skin and subcutaneous tissue disorders | Common | Alopecia Hirsuitism/hair re-growth Dry skin Pruritus Rash |
| | Rare | Photosensitivity reaction |
| Renal and urinary | Very common | Haematuria |

| disorders | | |
|--|-------------|--|
| Reproductive system and breast disorders | Very common | Gynaecomastia and breast tenderness ³ |
| | Common | Erectile dysfunction |
| General disorders and administration site conditions | Very common | Asthenia Oedema |
| | Common | Chest pain |
| Investigations | Common | Weight increase |

- 1. Hepatic changes are rarely severe and were frequently transient, resolving or improving with continued therapy or following cessation of therapy.
- 2. Listed as an adverse drug reaction following review of post-marketed data. Frequency has been determined from the incidence of reported adverse events of hepatic failure in patients receiving treatment in the open-label Bicalutamide (CASODEX) arm of the 150 mg EPC studies.
- 3. May be reduced by concomitant castration.
- 4. Observed in a pharmaco-epidemiology study of LHRH agonists and anti-androgens used in the treatment of prostate cancer. The risk appears to be increased when Bicalutamide (CASODEX) 50 mg was used in combination with LHRH agonists but no increase in risk was evident when Bicalutamide (CASODEX) 150 mg was used as a monotherapy to treat prostate cancer.
- 5. Listed as an adverse drug reaction following review of post-marketed data. Frequency has been determined from the incidence of reported adverse events of interstitial pneumonia in the randomized treatment period of the 150 mg EPC studies.

Increased PT/INR: Accounts of coumarin anticoagulants interacting with Bicalutamide (CASODEX) have been reported in post marketing surveillance (see sections 4.4 Special warnings and precautions for use and 4.5 Interaction with other medicinal products and other forms of interaction).

4.9 Overdose

There is no human experience of overdosage. There is no specific antidote; treatment should be symptomatic. Dialysis may not be helpful, since Bicalutamide (CASODEX) is highly protein bound and is not recovered unchanged in the urine. General supportive care, including frequent monitoring of vital signs, is indicated.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Anti-androgens, ATC code L02BB03.

Mechanism of action

Bicalutamide (CASODEX) is a non-steroidal antiandrogen, devoid of other endocrine activity. It binds to androgen receptors without activating gene expression, and thus inhibits the androgen stimulus. Regression of prostatic tumours results from this inhibition. Clinically, discontinuation of Bicalutamide (CASODEX) can result in antiandrogen withdrawal syndrome in a subset of patients.

Bicalutamide (CASODEX) is a racemate with its antiandrogenic activity being almost exclusively in the (R)-enantiomer.

5.2 Pharmacokinetic properties

<u>Absorption</u>

Bicalutamide (CASODEX) is well absorbed following oral administration. There is no evidence of any clinically relevant effect of food on bioavailability.

Distribution

Bicalutamide (CASODEX) is highly protein bound (racemate 96% (R)-enantiomer >99%) and extensively metabolised (via oxidation and glucuronidation): Its metabolites are eliminated via the kidneys and bile in approximately equal proportions.

Biotransformation

The (S)-enantiomer is rapidly cleared relative to the (R)-enantiomer, the latter having a plasma elimination half-life of about 1 week.

On daily administration of Bicalutamide (CASODEX), the (R)-enantiomer accumulates about 10 fold in plasma as a consequence of its long half-life.

Steady state plasma concentrations of the (R)-enantiomer of approximately 9 microgram/ml are observed during daily administration of 50 mg doses of Bicalutamide (CASODEX). At steady state the predominantly active (R)-enantiomer accounts for 99% of the total circulating enantiomers.

Elimination

In a clinical study the mean concentration of R-bicalutamide in semen of men receiving Bicalutamide (CASODEX) 150 mg was 4.9 microgram/ml. The amount of bicalutamide potentially delivered to a female partner during intercourse is low and by extrapolation possibly equates to approximately 0.3 microgram/kg. This is below that required to induce changes in offspring of laboratory animals.

Special Populations

The pharmacokinetics of the (R)-enantiomer are unaffected by age, renal impairment or mild to moderate hepatic impairment. There is evidence that for subjects with severe hepatic impairment, the (R)-enantiomer is more slowly eliminated from plasma.

5.3 Preclinical safety data

Bicalutamide (CASODEX) is a potent antiandrogen and a mixed function oxidase enzyme inducer in animals. Target organ changes, including tumour induction, in

animals, are related to these activities. Atrophy of seminiferous tubules of the testes is a predicted class effect with antiandrogens and has been observed for all species examined. Reversal of testicular atrophy occurred 4 months after the completion of dosing in a 6-month rat study (at doses of approximately 1.5 times human therapeutic concentrations at the recommended dose of 50 mg). No recovery was observed at 24 weeks after the completion of dosing in a 12-month rat study (at doses of approximately 2 times human concentrations at the recommended human dose of 50 mg). Following 12-months of repeated dosing in dogs (at doses of approximately 7 times human therapeutic concentrations at the recommended human dose of 50 mg), the incidence of testicular atrophy was the same in dosed and control dogs after a 6 month recovery period. In a fertility study (at doses of approximately 1.5 times human therapeutic concentrations at the recommended human dose of 50 mg), male rats had an increased time to successful mating immediately after 11 weeks of dosing; reversal was observed after 7 weeks off-dose.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Bicalutamide (CASODEX) includes the following excipients:

Lactose Monohydrate Magnesium Stearate Hypromellose Macrogol 300 Povidone Sodium Starch Glycolate Titanium Dioxide (E171).

6.2 Incompatibilities

None known.

6.3 Shelf-life

Please refer to expiry date on blister strip and outer carton.

6.4 Special precautions for storage

Store at temperatures not exceeding 30°C.

6.5 Nature and contents of container

Not applicable.

6.6 Instructions for use, handling and disposal

Not applicable.

6.7 Availability

Bicalutamide (CASODEX) 50 mg Tablet – Box of 28's

7. REGISTRATION NUMBER

DRP-10062

8. DATE OF FIRST AUTHORIZATION

20 March 2000

CAUTION

Foods, Drugs, Devices, and Cosmetics Act prohibits dispensing without prescription.

For suspected adverse drug reaction, please report to the Food and Drug Administration (FDA) at www.fda.gov.ph and to AstraZeneca at patientsafety.ph@astrazeneca.com. The patient should seek medical attention immediately at the first sign of any adverse drug reaction.

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